

Kia Ora! I'm Andrea

I am a 2nd year student counsellor here at PND Wellington, and am a student affiliate of the NZ Association of Counsellors.

I am a mother of two, my son is 17 years old and my daughter just 17 months. I have experienced postnatal distress with both my children.

I draw on a number of different techniques and philosophies, grounding my practice in a person-centred approach. I work alongside my clients, drawing on their strengths and resources finding a way for them to move towards wellness.

My session fee is \$35.00 per hour.

I am available in Newtown, based from the Newtown Community Centre.

